

2008 WPTA SPRING CONFERENCE REGISTRATION

Please complete this form and mail it along with your fees to WPTA. One form must be filled out for each registrant and payment must accompany the registration form. Deadline for receipt of registration form is April 11, 2008. After that, please plan to register on-site with an additional \$20 fee (\$10 for students).

Name/Credentials _____ Nickname (for nametag) _____

Mailing Address _____

City/State/ZIP _____

Daytime Telephone Number _____ E-mail _____

PT PTA Student Other

WPTA/APTA Member? YES NO

One-Day Registration

APTA/WPTA PT Member	\$150 (half-day \$75)
PT/Other Non-Member	\$225 (half-day 112.50)
APTA/WPTA PTA Member	\$90 (half-day \$45)
PTA Non-Member	\$150 (half-day \$75)
Student	\$75 (half-day \$37.50)

Two-Day Registration

APTA/WPTA PT Member	\$220
PT/Other Non-Member	\$330
APTA/WPTA PTA Member	\$132
PTA Non-Member	\$220
Student	\$110

Three-Day Registration

APTA/WPTA PT Member	\$340
PT/Other Non-Member	\$510
APTA/WPTA PTA Member	\$204
PTA Non-Member	\$340
Student	\$170

I will attend the following:

Thursday, April 17

- PTA Utilization
- Ethics/Jurisprudence
- Falls Prevention with Otago Plus
- ACL Injuries
- Practitioner of Choice
- Balance and Gait Dysfunction
- **Shoulder Rehab
- Professional/Legislative Issues Forum (no fee)

Friday, April 18

- Clinical Instructor Workshop
- **Vestibular Rehab (Continues on Saturday)
- Hip Arthroscopy
- NSAIDs
- Pediatric Sports Medicine
- Practical Application of EBP
- Business Luncheon Meeting
- Student & Clinician Poster Reception
- Awards Dinner (PRE-REGISTRATION REQUIRED)

Saturday, April 19

- Residency Program Development
- Advanced Medical Imaging
- **Vestibular Rehab (Continued from Friday)
- Chronic Pain

** Limited Enrollment—Make Sure to Register Early

Total Registration Fees Enclosed \$ _____

Please make checks payable to WPTA

OR- VISA MasterCard Discover

Card Number _____

Cardholder's Name (print) _____

Billing Address _____

Amount to be charged \$ _____ Exp. Date _____

Signature _____

Mail or Fax (with credit card info) to:

Wisconsin Physical Therapy Association (WPTA)

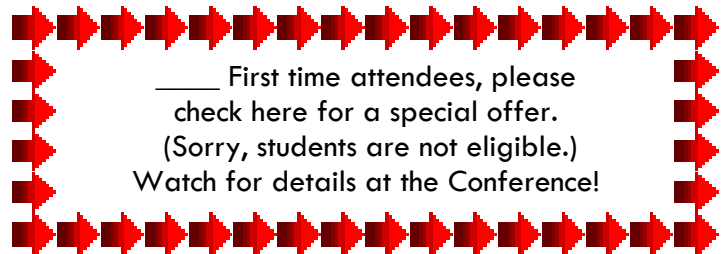
4781 Hayes Road, Suite 201

Madison, WI 53704

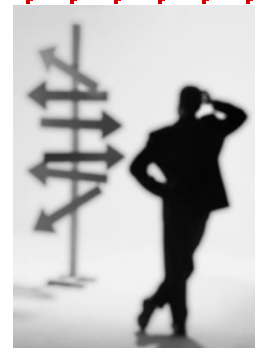
608/221-9191 | 608/221-9697 fax



Direct all questions to the WPTA Chapter Office at 608/221-9191 or e-mail wpta@wpta.org.



____ First time attendees, please check here for a special offer. (Sorry, students are not eligible.) Watch for details at the Conference!



Introduction

The Wisconsin Physical Therapy Association cordially invites you to attend the 2008 Spring Conference "Lifetime Learning: Pointing You in the Right Direction" at the Ramada Inn (formerly Country Springs) in Stevens Point. Three days of programming have been scheduled to meet your professional and personal needs. Complete the enclosed registration form and assure your spot today!

Registration

Registration deadline is April 11, 2008. After that, plan on registering on-site with an additional \$20 fee (\$10 for students). Conference registration includes continental breakfasts, morning and afternoon breaks, luncheons, Business Meeting, Awards Dinner (Pre-Registration required) and conference materials.

Accommodations

A block of sleeping rooms has been reserved at the Ramada for registrants and their guests. Be sure to make your reservations by contacting the hotel directly at 800/998-2311 or 715/341-1340 prior to March 19, 2008. Identify yourself as a WPTA 2008 conference participant in order to receive the special rates of \$92/Single and \$96/Double. Room and rate availability cannot be guaranteed after March 19, 2009.

Cancellations/Refunds

Refunds less a 25% administrative fee will be given if requests are received prior to April 10, 2008. No refunds will be given after April 10, 2008. All refunds will be issued after the completion of the conference.

Continuing Education

Attendees will receive contact hours for courses attended in their entirety. These contact hours are Class I as defined by the Wisconsin Department of Regulation and Licensing. See course descriptions for specific contact hours.

Conference Schedule

Thursday, April 17

- 7:30-8am Registration/Continental Breakfast
- 8am-noon PTA Utilization and Supervision: What's Best for Everyone?
- 8am-noon Ethics and Jurisprudence
- 8am-noon Falls Prevention Including the Otago Plus Exercise Programme
- 8am-5pm ACL Injuries: Full Spectrum Management and Return to Sport
- Noon-1pm Lunch
- 1-5pm Are You a Practitioner of Choice for Neuromusculoskeletal Dysfunction?
- 1-5pm Treatment of Balance and Gait Dysfunction
- 1-5pm Shoulder Rehab—Beyond the Basics
- 7-9pm Professional/Legislative Issues Forum

Friday, April 18

- 7:30-8am Registration/Continental Breakfast
- 8am-noon Hip Arthroscopy and Its Role in Treating Patients with Hip Pain
- 8am-noon NSAIDs: Our Patients' Friends or Foes?
- 8am-6pm Student & Clinician Poster Presentations
- 8am-5pm WCEC Clinical Instructor Workshop
- 8am-5pm Introduction to Vestibular Rehab (continues on Saturday)
- Noon-2pm Business Meeting Luncheon
- 2-5pm Pediatric Sports Medicine
- 2-5pm Practical Application of Evidence Based Practice
- 4:30-6pm Student & Clinician Poster Presentation Reception
- 6:30pm-8:30pm Awards Dinner (Pre-Registration Required)

Saturday, April 19

- 7:30-8am Registration/Continental Breakfast
- 8am-noon Residency Program Development: The Nuts and Bolts
- 8am-4pm Introduction to Vestibular Rehab (continued from Friday)
- 8am-4pm Advanced Medical Imaging
- 8am-4pm Chronic Pain

COURSE DESCRIPTIONS



THURSDAY, APRIL 17

8am-noon

4 Contact Hours

PTA Utilization and Supervision: What's Best for Everyone?

This course will examine PTA utilization and supervision across a variety of practice settings. Literature addressing the relationship between PTA utilization and patient outcomes will be presented. Participants will work in small groups to discuss how practice act requirements, reimbursement regulations, business considerations, and ethical requirements combine to guide decisions regarding delegation to and supervision of the PTA. PTs and PTAs are cordially invited to attend.

Sue Griffin, PT, MS, GCS has over 20 years experience working with physical therapist assistants in acute care, rehabilitation, outpatient, and long term care settings. She chaired the task force that helped develop the most recent administrative rules related to supervision of the PTA, and has given numerous presentations related to ethics. Sue currently teaches in the PTA Program at Blackhawk Technical College in Janesville, WI.

8am-noon

4 Contact Hours

Ethics and Jurisprudence (Info forthcoming)

This session fulfills the 4 hour ethics requirement for 2007-2009 license renewal.

Michele Thorman, PT, DPT, MBA

Michael Edwards, PT

8am-noon

4 Contact Hours

Falls Prevention Including the Otago Plus Exercise Programme

Course participants will receive an introduction to techniques for assessing older adults for falls risks and interventions to modify falls risks. The course also include a review of current falls prevention programs for older adults that have been demonstrated to be effective. The main emphasis will be on the Otago Exercise Programme. The Otago Exercise Programme, specifically designed to prevent falls, was developed and tested by Professor John Campbell of the University of Otago Medical School in New Zealand. The exercises emphasize lower extremity strengthening and balance retaining exercises in conjunction with a structured walking program. Training will include how to adapt the program to the US health care system. This training is for physical therapists interested in providing balance activities and fall prevention programs. It should be of particular interest to therapists working with older adults in home care, retirement communities, rehab agencies and outpatient clinics. Therapists who work in acute care and SNFs may also be interested.

Terry Shea, PT, GCS, NCS is a physical therapist in outpatient Neuro-Rehab at UW Hospital and Clinics. She specializes in vestibular and balance rehab and is a member of the multidisciplinary Falls Clinic team at UWHC Geriatrics Clinics. Terry is a member of both the Wisconsin Falls Initiative with the Wisconsin DHFS and the Dane County Safe Community Coalition Falls Prevention Task Force.

8am-5pm

8 contact hours

Anterior Cruciate Ligament Injuries: Full Spectrum Management and Return to Sport (Info forthcoming)

Mark Paterno, PT, MS, MBA, SCS, ATC is the Coordinator of Orthopedic and Sports Medicine at the Sports Medicine Biodynamic Center at the Cincinnati Children's Hospital Medical Center.

1-5pm

4 contact hours

Are You a Practitioner of Choice for Neuromusculoskeletal Dysfunction? (Info forthcoming)

Tim Thorsen, PT

4 contact hours

1-5pm

Examination and Treatment of Balance and Gait Dysfunction in Patients with Neurodegenerative Disorders

This course will provide participants with the latest information regarding physical therapy management of postural control and gait dysfunction in individuals with degenerative disease of the central nervous system. Participants will be introduced to a conceptual framework used to approach examination and treatment of patients/clients with neurodegenerative disease. The pathophysiology of amyotrophic lateral sclerosis (ALS), multiple sclerosis (MS), Parkinson's disease (PD), Huntington's disease (HD), progressive supra nuclear palsy (PSP), multi-system atrophy (MSA), and cerebellar degeneration will be reviewed. A systems-based approach to the examination of postural control and gait as applied to individuals with neurodegenerative disorders will be presented. In addition, participants will have opportunities to practice specific postural control tests during the laboratory component of the session. Video taped case vignettes will be used to facilitate discussion regarding the similarities and differences in postural control impairments seen across these diagnostic groups. The session will conclude with a sharing of insights gleaned from various level of scientific evidence regarding potential intervention strategies appropriate for individuals with neurodegenerative disease. The primary goal of this course is to help clinicians feel better equipped to provide physical therapy management for patients with neurodegenerative disease that is customized to the patient's lived experience of their disease and that is grounded in the best available evidence. Audience: Physical therapists

Colin Grove, PT, MS, NCS practices at the University of Wisconsin Hospital & Clinics where he serves individuals with neurological and vestibular disorders. He graduated from Saint Louis University in 1994 with a Bachelor of Science degree in physical therapy. Mr. Grove earned a Master of Science degree in kinesiology with specialization in motor control and motor learning from the University of Wisconsin-Madison in 2003. He is APTA board certified in neurologic physical therapy and has received the Herdman competency in vestibular rehabilitation. Mr. Grove is active in the Neurology Section and Vestibular Special Interest Group of the APTA. Mr. Grove has published research regarding motor skills, attention, and balance in typically and atypically developing children and has co-authored publications regarding the efficacy of vestibular rehabilitation for adults.

1-5pm

4 contact hours

Shoulder Rehab—Beyond the Basics

This lab based course will emphasize the application of clinical decision making strategies for the management of patients with shoulder impairments. Intervention strategies including manual therapy techniques and therapeutic exercises that extend beyond the traditional interventions will be presented. These are intended to facilitate symptom management in the patient who may not be responding to conventional therapies or who may need more advanced interventions to address their functional limitations. Evidence will be provided when available to justify the use of techniques. Appropriate lab clothing is required to expose the shoulder complex. Target audience: Physical Therapists, Physical Therapist Assistants

Paul Reuteman PT, MHS, OCS, Cert. MDT, ATC has been practicing orthopaedic physical therapy for greater than sixteen years. The past five years, he has been employed at the University of Wisconsin-La Crosse a Clinical Assistant Professor in the Program of Physical Therapy. He is involved with teaching a large portion of the orthopaedic examination and intervention content of the curriculum. He continues to maintain an active clinical practice at Gundersen Lutheran Sports Medicine in Onalaska, WI and serves as the Academic Coordinator of their Sports Residency Program accredited through the APTA. Paul is a Board Certified Clinical Specialist in Orthopaedics through the APTA and is a certified athletic trainer. Paul has a great deal of experience in the examination and treatment of upper quarter dysfunction he has presented to several audiences on this topic.

Sadie Miller PT, DPT, ATC is a graduate of the University of Wisconsin – La Crosse, where she obtained both her bachelors degree in athletic training and masters degree in physical therapy. She obtained her transitional doctorate of physical therapy from Regis University in Denver, CO. Sadie currently works at Gundersen Lutheran Sports Medicine in Onalaska, Wisconsin where she is actively involved in clinical education.

FRIDAY, APRIL 18

8am-noon

4 contact hours

Hip Arthroscopy and Its Role in Treating Patients with Hip Pain

The purpose of this course is to introduce hip arthroscopy and its role in treating patients with hip pain. The evaluation of patients with hip and pelvic pain will be reviewed including the complete radiographic evaluation. The technique of arthroscopic surgery of the hip will be described including the pertinent anatomy involved (gross & arthroscopic). A thorough list of hip disorders amenable to arthroscopic surgery will be discussed with a comprehensive approach to the concept of femoroacetabular impingement and patients with recalcitrant lateral hip pain. Finally, the rehabilitation following arthroscopic hip procedures will be reviewed.

John Heinrich, MD has been practicing orthopedic surgery since 1994 with the Milwaukee Orthopaedic Group, Ltd. His practice encompasses the treatment of all sports related injuries, especially those in the hip, knee and shoulder. He specializes in arthroscopic surgery and its applications in the treatment of all major joint injuries. Dr. Heinrich received his medical degree from the University of Wisconsin Medical School in Madison (84-88). He completed his orthopedic surgery residency at the University of Wisconsin Hospital and Clinics (88-93) and an orthopedic sports medicine fellowship at the Southern California Center for Sports Medicine, Long Beach, California (93-94). Dr. Heinrich is currently the team orthopedic physician for the Milwaukee Bucks Basketball Team (since 2002). In the past, he has served as team physician for the Milwaukee Brewers Baseball Club (95-98) as well as the Milwaukee Admirals Hockey Team (95-02). Dr. Heinrich has been performing arthroscopic surgery of the hip since 1997.

8am-noon

4 contact hours

NSAIDs: Our Patients' Friends or Foes

The use of non steroidal anti-inflammatory drugs (NSAIDs) can be associated with patient morbidity and mortality, and is commonly reported by patients/clients seen in physical therapy outpatient settings. Physical therapists play an important role in assisting patients in management of pain and advocating for appropriate use of NSAIDs. As such, a physical therapist's screening and examination should include information on patients' use of NSAIDs, and potential side effects. This course will provide an overview of pharmacokinetic and pharmacodynamic principles related to NSAIDs. Potential adverse NSAIDs drug reactions will be discussed with the emphasis on serious gastrointestinal complications, impaired wound healing and

renal complications.

William Boissonnault, PT, DHSc, FAAOMPT currently holds positions of Assistant Professor at UW-Madison, Senior Physical Therapist at the UW Hospital and Clinics' Spine Physical Therapy Clinic and Curriculum Director of the Orthopedic Physical Therapy Clinical Residency Program at the UW/Meriter Hospital Residency site. Dr. Boissonnault is editor and co-editor of textbooks and has authored numerous articles related to the topic of differential diagnosis.

8am-5pm

7 contact hours

WCEC Clinical Instructor Workshop

Consortium [WCEC] clinical instructor (CI) workshop is a 1-day workshop designed to assist the new or newer CI in structuring the clinical learning environment to facilitate and assess student learning. This course emphasizes the use of assessment throughout the clinical education experience; understanding the CI's role in the clinical education process; understanding the impact of learning, personality and teaching styles on learning; and preparing for the clinical education experience. The workshop was designed by the members of the WCEC, which is a consortium of Academic Coordinators of Clinical Education and Clinicians in Wisconsin who are interested in promoting and enhancing clinical education. It consists of an interactive format of lecture with activities, cases and discussion.

Laurie Kontney, PT, MS is Director of Clinical Education and Associate Clinical Professor at Marquette University. She received her BS in Physical Therapy from UW-Madison and her MS degree in Physical Therapy from the Finch University of Health Sciences/The Chicago Medical School. Ms. Kontney has extensive experience in the development and teaching of clinical instructor workshops and is a certified trainer for the American Physical Therapy Association (APTA) for the Clinical Instructor Education and Credentialing Program.

8am-5pm

7 contact hours

Introduction to Vestibular Rehab

This course will instruct the learner in anatomy, physiology, evaluation and treatment of vestibular disorders. Peripheral and Central disorders will be examined. Upon course completion, the learner will be able to demonstrate screening, evaluation and treatment of vestibular disorders, understand anatomy and physiology of the vestibular system, understand etiology, signs, symptoms and treatment of common vestibular disorders and explore current research regarding common vestibular disorders and treatment. Competency labs and checks are included in this course. It is appropriate for both PTs and PTAs.

Shari Borreson, DPT graduated from UW-La Crosse in 1994 with a BS in Physical Therapy. She completed her vestibular certification with Susan Herdman in 2002 and her transitional doctorate from Simmons College in Boston in 2007. She is a full-time instructor for the PTA Program at Western Wisconsin Technical College in La Crosse and also practices at Achieve Physical Therapy and Sports Medicine and Tomah Memorial Hospital where she treats geriatric and vestibular rehab patients.

Karen Carney, PT, MS, OCS, CSCS graduated from UW-La Crosse in 1998 with a Masters in Physical Therapy. She completed her vestibular certification with Susan Herdman in 2002. She is currently employed by Tomah Memorial Hospital with a primary patient population consisting of industrial, orthopedic and vestibular related disorders.

2pm-5pm

3 contact Hours

Pediatric Sports Medicine (Info forthcoming)

Mark Paterno, PT, MS, MBA, SCS, ATC is the Coordinator of Orthopedic and Sports Medicine at the Sports Medicine Biodynamic Center at the Cincinnati Children's Hospital Medical Center.

2pm-5pm

3 contact Hours

Practical Application of Evidence Based Practice

Evidence Based Practice is certainly a buzz word within the physical therapy profession as well as medicine itself. Physical Therapy will continue to distinguish itself as a leader in the practice of conservative effective care only in as much as we learn to effectively apply basic evidence based concepts within our practice. The objective of this course is to lay the foundation for a personal practical journey toward understanding and applying the basic tenants of Evidence Based Practice and in so doing elevating the level of our professions care. From an initial discussion of what Evidence Based Practice is, and what it is not, to a concrete exploration of what steps you can take in implementing a more evidence based practice into your already busy practice. The goal will be to break down some of the barriers we all face as we strive to become better evidence based providers into manageable action steps that are practical and effective and that in the end will hopefully reinvigorate your personal practice of Physical Therapy. The course is appropriate for any level Physical Therapist or Physical Therapy Assistant interested in expanding their skills as an evidence based provider.

Phil Schaible, PT, DPT, OCS, FAAOMPT completed his initial Physical Therapy education at the University of Osteopathic Medicine in Des Moines, Iowa. Since that time he has specialized in outpatient orthopedic care of primarily spine related conditions using a primarily manual orthopedic approach. He works as Team Leader of Therapy Services at Bellin Health in Green Bay, WI. He completed his Doctoral in Physical Therapy degree from Regis University in 2006 followed by a Manual Orthopedic Fellowship in 2007 at which time he also became a Fellow in the American Academy of Orthopedic Manual Physical Therapy. His interests lie in the application of expert Manual Orthopedic Techniques, in the application of fundamental evidence based practice and in furthering the evolution of clinical education for entry level Physical Therapists.

Kathryn Lyons, PT, MS, OCS is program director for the University of Wisconsin Hospital and Clinics/Meriter Orthopaedic Physical Therapy Residency and an advanced clinician at the Spine Physical Therapy Clinic at UWHC. She is member of the APTA credentialing Committee for Clinical Residency and Fellowship Programs. As such, she has been involved in promoting the expansion and development of residency/fellowship programs. She graduated from UW-Madison in 1972 and entered the master's degree program at University of Southern California and graduated in 1979 as a clinical specialist in musculoskeletal physical therapy.

Edward Maher, PT, DSc, AMPT, OCS is an Assistant Professor in the Doctor of Physical Therapy program at Carroll College. He also teaches in the orthopedic residency program in Madison, is a member of the American Board of Physical Therapy Specialist Academy of Content Experts and serves as a reviewer for credentialing residency programs for APTA. He graduated from UW-Madison in 1994 and received his Doctor of Science in Physical Therapy from Andrews University in 2007.

8am-4pm

7.5 contact hours

Advanced Medical Imaging (Info forthcoming)

Dr. Jim Leonard

William Boissonnault, PT, DHSc, FAAOMPT

8am-4pm

7.5 contact hours

Chronic Pain (Info forthcoming)

Drs. Backonja, Rudin, Rakel

8am-4pm

7.5 contact hours

Introduction to Vestibular Rehab (Continued from Friday)

Shari Borreson, DPT

Karen Carney, PT, MS, OCS, CSCS

SATURDAY, APRIL 19

8am-noon

4 contact hours

Residency Program Development: The Nuts and Bolts

This course is being designed to assist practitioners developing a clinical residency program within their respective practice settings Discussion will focus on the practical aspects of residency education and how it can be applied in a cost effective manner. Elements of program development including the benefits of residency training for staff development and retention will be presented. Various examples of program financial models, curriculum development, and aspects of program credentialing will be discussed. At the conclusion of this course the participants will be able to: Describe the benefits of residency training as a means of personal professional development; Illustrate the value of residency education for employers in terms of staff retention, development, and recruitment; Describe several financial models which could be applied in program development; Outline and describe the steps in creating a residency program including curriculum planning, budget development, and assessment and Discuss the process of formal residency program credentialing through the APTA. Expected Audience: Individuals who are interested in the process of residency program development or those who would like to look into residency program education as a means of professional development may benefit from this course.

Scott Straker PT, MS, SCS, ATC is currently serving as a Staff Physical Therapist and Administrative Director of the Sports Physical Therapy Residency Program for Gundersen Lutheran Sports Medicine in Onalaska, WI. Scott is a 1989 graduate of the program in Physical Therapy at the UW-La Crosse. He has served as lecturer and adjunct faculty at UW-La Crosse Department of Physical Therapy. He is currently also serving as a site visitor for residency program credentialing through the APTA.